

Advanced Training Course 4 (ATC4) 15-17th June 2022 – Gävle, Sweden

Logistics & Useful Information

Prologue

The ATC4 will be hosted by University of Gävle (*Högskolan i Gävle*), located at the city of Gävle, in Sweden. Founded in 1977, the university is placed at rebuilt facilities previously occupied by an infantry regiment of Swedish army. The university was environmentally certified according to ISO 14001, has approximately 16,000 students, and offers courses in the fields of Humanities, Social Sciences, Natural Sciences, and Technology.



Main entrance of Högskolan i Gävle / (www.hig.se)





Campus of Högskolan i Gävle / (www.hig.se)

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Library of Högskolan i Gävle / (www.hig.se)



1. Travel

The closest airport to Gävle is Stockholm Arlanda Airport (ARN), located at 135km from Gävle and 40km from Stockholm. ARN is the largest airport in Sweden and offers shops, restaurants, and hotels. Check the airport website for more information: <https://www.swedavia.com/arlanda/find-at-the-airport/>.

There are **two main options to travel** from that airport to Gävle: by train or by car.

1.1 By train

There is a train station inside the airport, the Arlanda Central Station, located in an area called “SkyCity”, between Terminals 4 and 5. There are at least four train companies operating the line from Arlanda Central to Gävle Central (SJ, Vy Tåg, UL, and SL).

There are trains going directly from Arlanda Central to Gävle Central, especially from SJ (<http://www.sj.se/>). The train companies’ websites are interconnected, thus it’s possible to buy train tickets from different companies at one website.

For example, the SJ’s train (*tåg*) from Arlanda C to Gävle C takes approximately 60 minutes and a 2nd class ticket will cost between 300-700 SEK (depending on the traveling time and when the ticket is bought).

Currency and cashless policy:

The currency used in Sweden is the Swedish crown (*Svensk krona*). There are three ways to refer to Swedish crowns: SEK, kr, or just “:-“ (10:- means 10 kr or 10 SEK). Considering that 1 EUR = 10,55 SEK (aprox.), it’s easier to divide a value in SEK by 10 to know the value in EUR.

Sweden is becoming a cashless country; thus it’s recommended to use credit/debit cards and there is no need to withdraw Swedish crowns to your travel.

1.2 By car

There are a few car rental companies offering services in the airport: Alamo, Avis, Budget, Enterprise, Europcar, Hertz, National, and Sixt (<https://www.swedavia.com/arlanda/rental-car/>). The airport provides a free bus (Swedavia bus P2) from Terminal 4 to car rental companies location.

The 135km trip from the airport to Gävle can be done through a safe highway, the double road E4.

Parking in Gävle is not free of charge. There are several parking spots, although is not easy to find empty parking spots at some locations. The parking fees are usually 6-10 SEK/hour. The recommended hotel has a private garage that can be reserved beforehand (175 SEK/day).

2. Accommodation

The recommended hotel for ATC4 participants is the **Best Western Hotel City Gävle** (<https://www.hotelcity.nu/>). This hotel is located at Nygatan 8, at the city center (200 m to Gävle’s main



square). This hotel is close to the train station (900 m), to the university (1,300 m), and to the main locations chosen for the event.

To book a room at Best Western Hotel City Gävle, the contact should be made by email (reception@hotelcity.nu) or telephone (+46 026 61 26 00), using the code EU SAPIENS HIG. The special price offered for ATC4 guests is 900 SEK/night for a single room and 1200 SEK/night for a double room (both including tax and breakfast). The deadline for booking is May 11th.

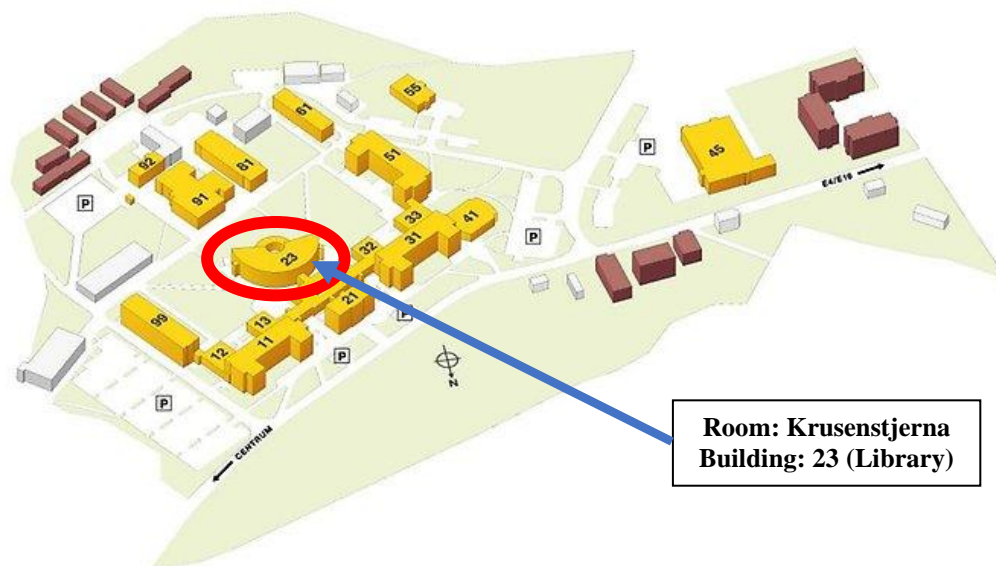
A list of the main hotels of Gävle can be seen at Gävle Tourist Center's website (<https://www.visitgavle.se/en/node/8869>). The event organizers recommended a specific hotel for the participants due to the opportunity of team building and for improve time management. However, if any participant decides to stay in another place (hotel, Airbnb, etc) than the recommended one, please inform the event organizers by email (felippe.santos@hig.se) for a better group management.

3. Weather

June in Sweden is considered a warm month, as spring is ending, and summer is starting. The average temperature ranges between 8° / 19° C. There may be some showers during this month. June has the longest days of the year in Sweden, with an average daylight of 19 hours. For those who cannot sleep without darkness, we recommend you bring blackout eye masks. Protection against sunburn / UV radiation is also recommended.

4. Locations

The event will take place mainly at the university campus (Room: Krusenstjerna at the Library) during the three days, at the pointed location on the map:



Map of Högskolan i Gävle with a mark pointing at event location / Adapted from (www.hig.se)

5. COVID-19 procedures

The COVID-19 entry ban ended 31 March 2022 in Sweden, meaning that no corona specific entry restrictions are in effect since 1 April 2022 (see Swedish Police website for updates: <https://polisen.se/en/the-swedish-police/the-coronavirus-and-the-swedish-police/travel-to-and-from-sweden/>).

The Swedish Government have gradually lifted infection control measures, and by the end of March, COVID-19 is no longer classified as a danger to society or a threat to public health. As a result, the University of Gävle returned to normal operations. The university can hold public gatherings and conferences on campus without any restrictions. However, it is important to remember that the spread of infection is not over, so please get vaccinated, and stay at home/hotel if you have symptoms.

6. Places to visit

The event organizers made some recommendations on interesting places to visit in/near Gävle during free time, especially for those participants who will arrive before or leave after ATC4. The recommendations are listed by alphabetical order and the locations can be easily found on Google Maps:

- Furuvik: a theme park with attractions from rollercoasters to zoo. Located at 13 km from the recommended hotel, it is next to the Furuvik's train station (50 m) and can be reached from Gävle's train station with ease. (<https://www.furuvik.se/>).
- *Gamla Gefle* (Gävle's Old Town): old part of Gävle, with cobbled streets with patterns dating back do Middle Ages and buildings from 18th Century. Next to the center of Gävle. (<https://www.visitgavle.se/en/gavles-old-town>).
- Gävle's Walking Tour: the Gävle's Tourist Center prepared a walking tour with a map and information about the main locations. Next to the city's center. (<https://www.visitgavle.se/en/stadsvandring-gavle>).
- Hemlingby: a visit area with walking trails, mountain bike trails, and restaurant. Located 5 km from the recommended hotel. (<https://www.gavle.se/kommunens-service/kultur-och-fritid/natur-och-friluftsliv/hemlingby-friluftsomrade/>).
- Högbo Bruk: a visit area with walking trails, mountain bike trails, canoeing, restaurant, mini farm with animals, and children playground. Located 28 km from the recommended hotel, at the city of Sandviken. (<https://www.hogbobruk.se/index.html>).
- *Länsmuseet Gävleborg* (County Museum of Gävleborg): a museum with historical and cultural objects from the county. Next to the center of Gävle. (<https://lansmuseetgavleborg.se/information-in-english/>).
- *Sverige Fängelsemuseum* (Swedish Prison Museum): a museum with exhibitions in two old prisons. Next to the center of Gävle. (<http://sverigesfangelsemuseum.se/>).

See the Gävle Tourist Center's website for more information: (<https://www.visitgavle.se/en>).



7. Brief history of Gävle

There are no records of foundation of Gävle, but the town was mentioned first in documents in the 8th century and chartered in 1446. It grew from a fishing village to the main centre and export city for *Norrland* (north region of Sweden). Gävle had almost 80,000 inhabitants in 2020, being the 13th most populated city in Sweden.

Gävle is known as the land of *Gävlebocken* (the Gävle Goat), a giant straw goat (13 meters high) built every Christmas since 1966. The fate of *Gävlebocken* is uncertain every year. Most of the times (38 out of 54), the giant goat does not survive (it's burned, destroyed, or even stolen).

In 2021, the *Gävlebocken* was burned down on December 17th. The perpetrator was arrested and sentenced to prison for six months (and must pay over 100.000 SEK for the damages).

Let's hope the SAPIENS Teams visit in 2022 preannounces a better fate to the Christmas goat.



Gävlebocken (the Gävle Goat) / www.landlantbruk.se

Contact information

If any ATC4 participant needs additional information, please contact the events' organizers by email (felippe.santos@hig.se). The organizers wish you all a nice travel, a great course, and an enjoyable experience in Gävle.



Elite Grand Hotel at the margin of Gavleån (river of Gävle) / www.visitgavle.se

